

# What We Eat

Jennifer Cooper-Trent



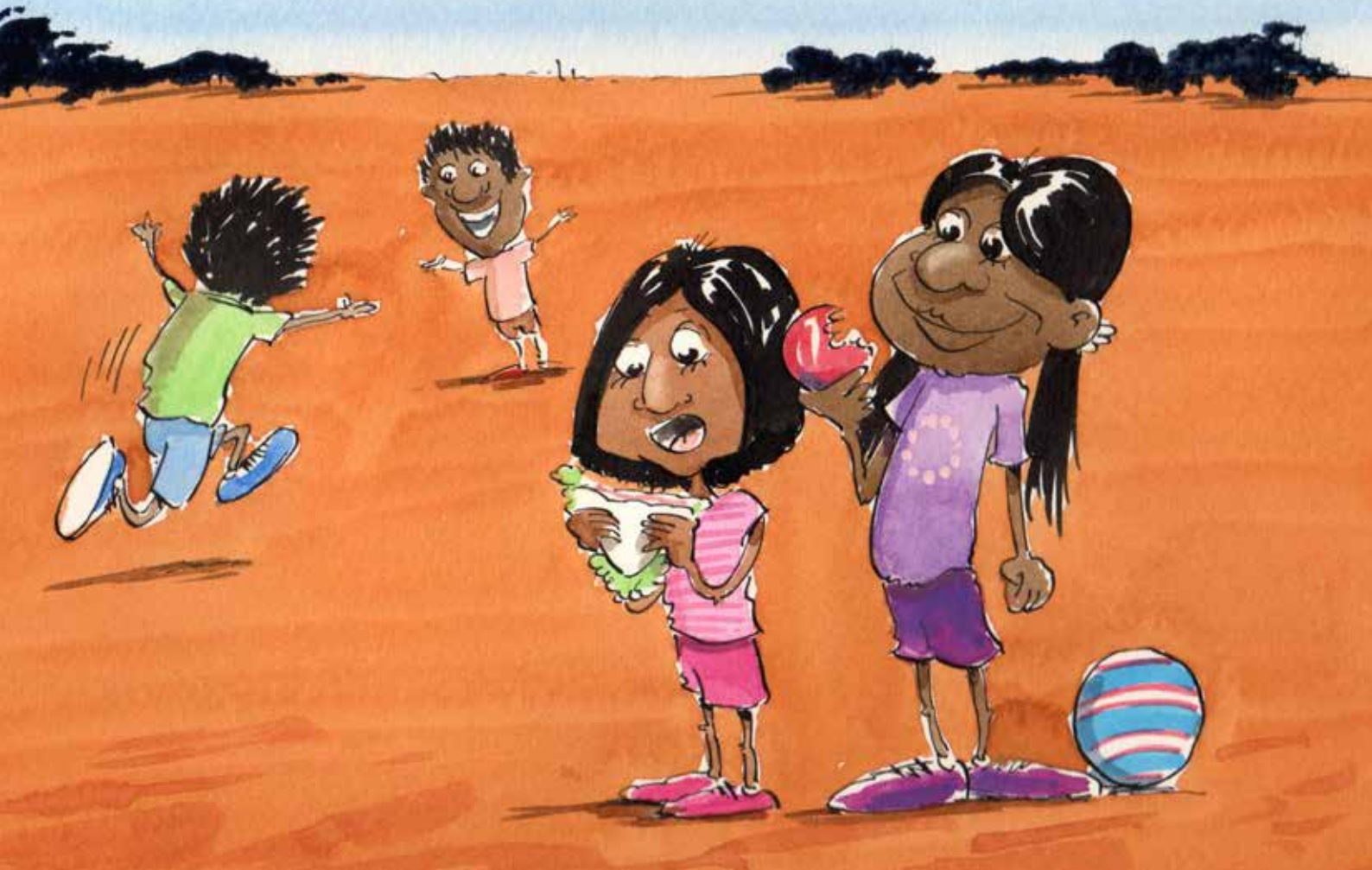
# What We Eat



Story by Jennifer Cooper-Trent

Illustrations by Anthony Mitchell





What we eat,  
goes into our feet.

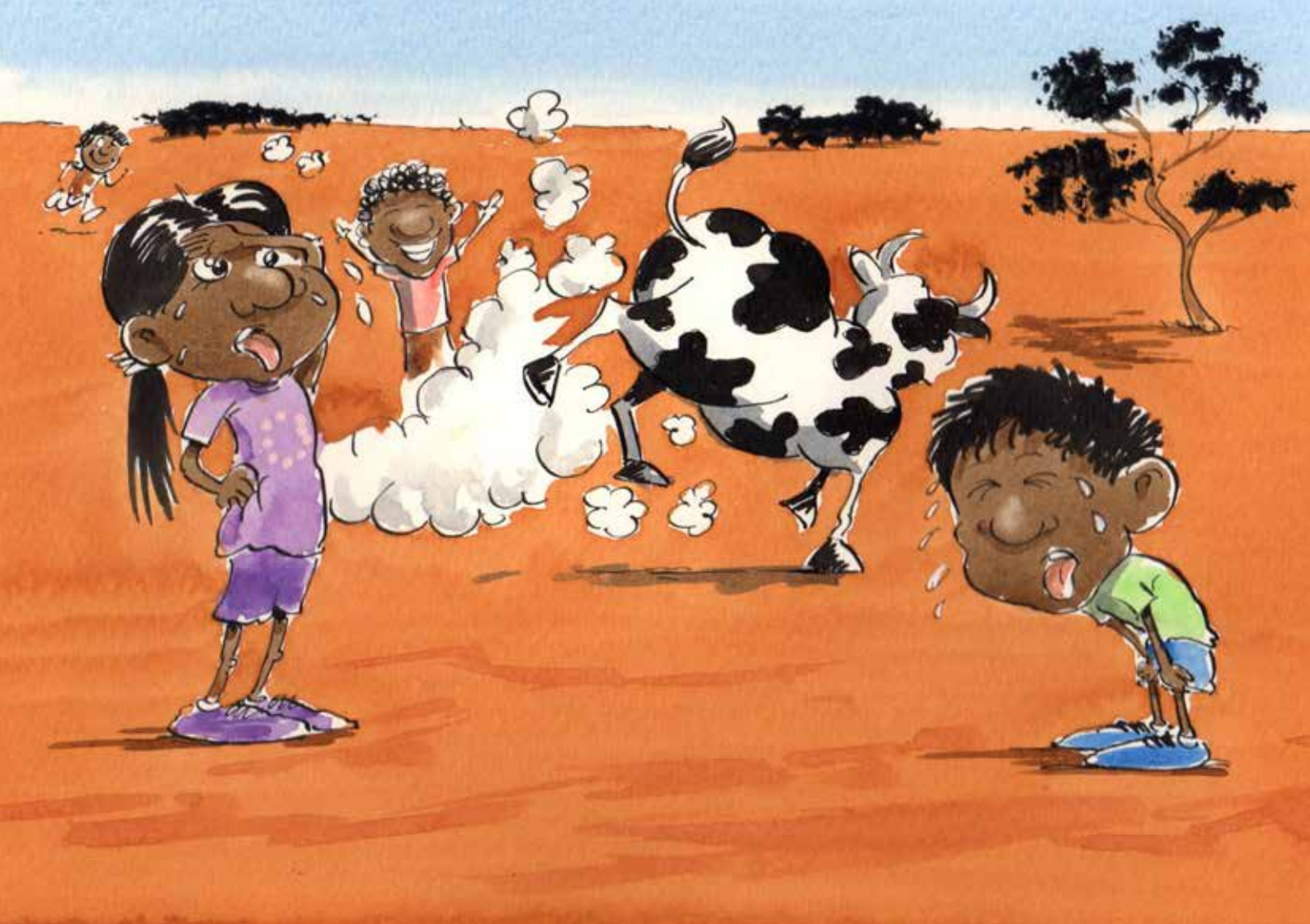
So we can run, run, run  
and have fun, fun, fun.



What we eat now and then,  
is a big fat red speckled hen.

We chase it all  
around the chicken pen.





What we eat, then and now, is a black and white spotted cow.

Boy, are they hard to catch.

Wow!

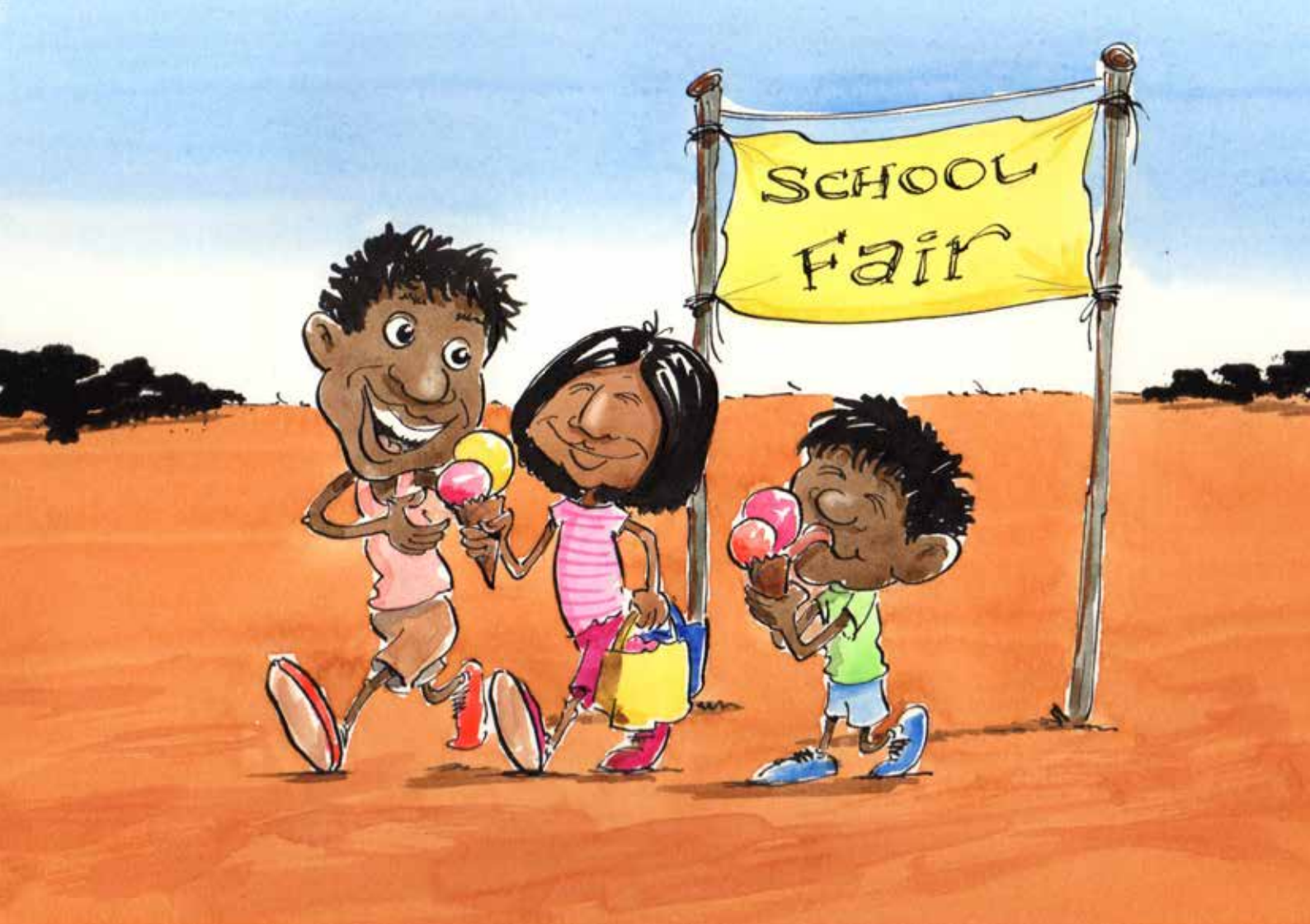




What we eat now and then  
and there, is a cranky old  
crocodile - if you dare.

Watch out! Here he comes,  
his sharp teeth are bare.

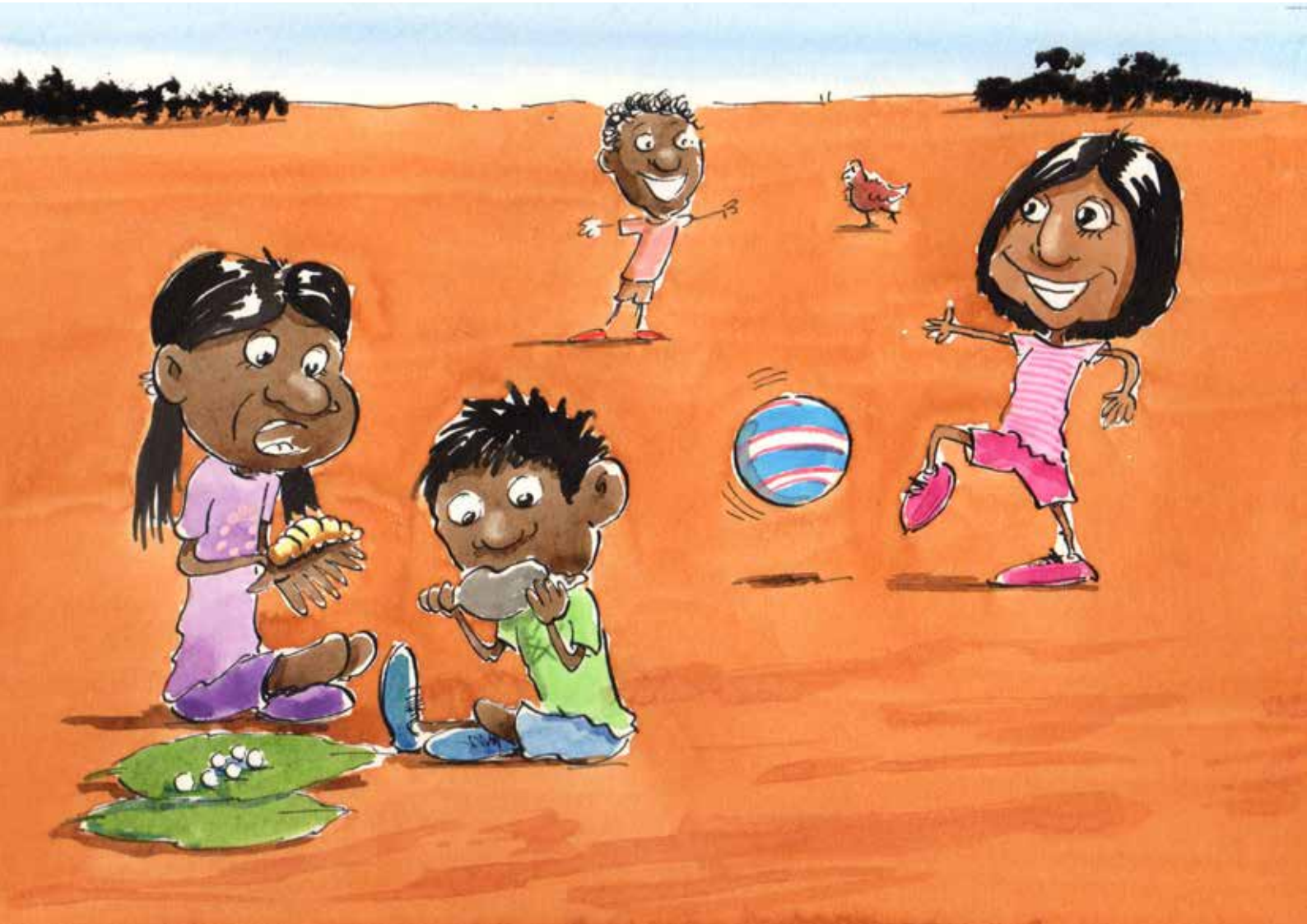
Snap! Snap! Snap!



What we eat, now  
and then and where, is  
ice-cream at the school fair.

We even get sweets  
for our friends to share.





What we eat now is bush  
tucker and fresh fruit.

It gives us energy so we  
can scoot, scoot, scoot.



What we eat are eggs  
and freshly caught fish.

With lots of bush tucker,  
it's a tasty dish.





What we eat is  
what we are.

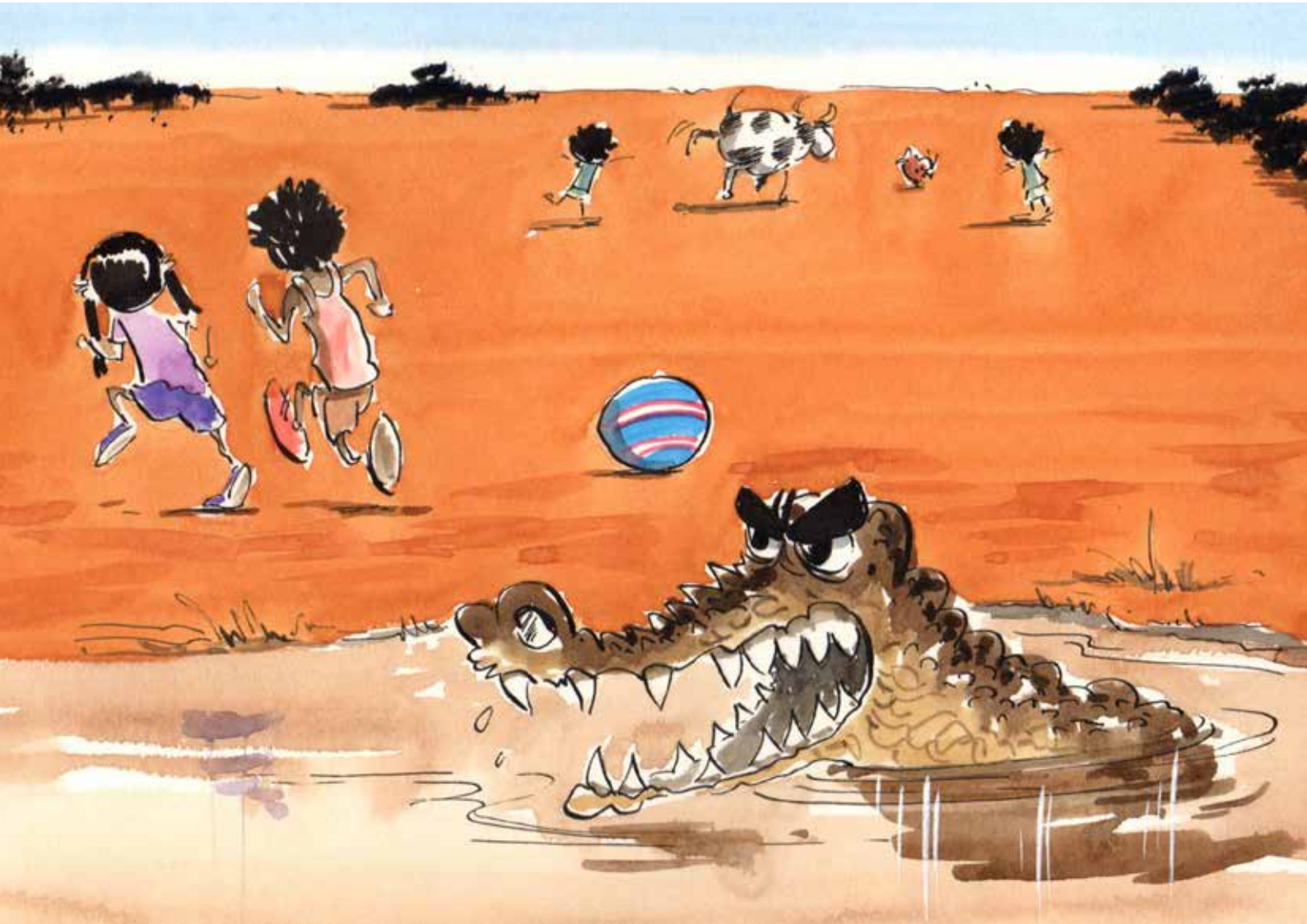
Strong and healthy  
so we can run far.



What food we eat now,  
becomes you and me.

So we can be healthy  
and live happily!





What we eat now and then, is a  
speckled hen, then and now, is a  
spotted cow.

Now and then and there,  
is a crocodile (if you dare).

Watch out his sharp teeth are bare.

Snap! Snap! Snap!

This book series is funded by:



## About the Artist

Bibi Barba is an acclaimed Indigenous Artist and Inventor, with a strong sense of story-telling which represents the dreamtime of Indigenous art.

[www.bibibarba.com.au](http://www.bibibarba.com.au)

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[www.earlyreadingproductions.com](http://www.earlyreadingproductions.com)

## About the Cover Art

The cover art explores the theme 'Safe Play'. The circles and lines represent roads and pathways, smaller circles are uncles and aunties worrying about our safety, and children talking about safety. The red and orange circles means we need to be careful and stop, and the dots represent the outback.

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## About the Author

Jennifer Cooper-Trent is a children's book author who has written over 60 books including the Fantastic Phonics reading program and a "A Hit on the Head and Where it Led".

Fantastic Phonics is used in 250 Indigenous schools in Australia, 2300 Liberian schools and in 2700 Rwandan schools. The program is given to aid agencies and charities, free of charge.

[www.TeachtheWorldtoRead.com](http://www.TeachtheWorldtoRead.com)

## About the Illustrator

Anthony Mitchell is an accomplished children's illustrator for books and cartoons. His work has appeared in more than 60 books and publications.

[www.mitchart.webs.com](http://www.mitchart.webs.com)

The information in this book is based on a children's story. If you have any questions about head injury you should seek professional advice as needed.

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